The Happiness Class

October 22, 2017

afternoon session: infatuation
(what women feel when they fall in love)
Sunday Oct 22nd

10:30am – 11:00pm  introduction

11:00am – 12:00pm  monogynic love

12:00pm – 1:30pm  lunch break

1:30pm – 3:00pm  infatuation
The romantic emotions of the two genders are as different as their genitalia.
Women don’t need to love men.

monandry – supporting one man

monogyny – supporting one woman

maternity – caring for a child
Women do need to make men fall in love.

- Showing an hourglass figure triggers strong visual/audible pleasure.
- Full-time interaction triggers growing affection.

Strength of positive effect:
- Month 0: Couple meet.
- Month 4: Man falls in love.
- Month 46: Man falls out of love.

Monogynic love:
- 4 months: "My woman is happy."

Affection:
- The sight or sound of familiar people.

Visual/audible pleasure:
- The sight or sound of women.
Infatuation rewards women for making a man fall in love.

**monogynic love**

"My woman is happy."

support a woman

spend money buying presents for their woman

**infatuation**

"I trigger visual/audible pleasure in X." *

"X is attracted to me." *

attract a man

spend money buying clothes for themselves

* not complete
For any one man, infatuation has two 4 month stages.

stage one: make a man fall in love

stage two: mate with that man now
During stage one, infatuation grows stronger if one man regularly triggers it.
Unlike monogynic love, women can be infatuated with multiple men.
During stage two, infatuation plateaus and vaginal pleasure is temporarily elevated.
After 8 months, women continue to feel affection.
Women’s behavior changes after month 8.

<table>
<thead>
<tr>
<th>infatuation</th>
<th>affection</th>
</tr>
</thead>
<tbody>
<tr>
<td>(month 0 to 8)</td>
<td>(after month 8)</td>
</tr>
<tr>
<td>strong effect</td>
<td>weak effect</td>
</tr>
<tr>
<td>“X is attracted to me.” *</td>
<td>the sight or sound of the man</td>
</tr>
<tr>
<td>attention seeker</td>
<td>indifferent roommate</td>
</tr>
<tr>
<td>dresses to be attractive</td>
<td>dresses for comfort</td>
</tr>
<tr>
<td>fighting stops her feeling infatuation</td>
<td>fighting makes her feel affection</td>
</tr>
</tbody>
</table>
Before modern contraception, women would have felt maternal love until month 46.
In childless relationships, a 38 month gap occurs where the man is content and the woman is not.

- women try to find happiness elsewhere
  - maternal love from children
  - pride from marriage/wedding
  - pride from career advancement
  - infatuation from other men

38 months

infatuation

monogynic love

months
Serial monogamy is also better for women.
Serial monogyny has two implications:

- women stop being infatuated after some optimal time
- women cannot become infatuated with a man twice
Women can only become infatuated with strangers.

Infatuation is only triggered by men who trigger no affection.

Affection can identify strangers, but not familiar non-exes.

The sight or sound of familiar people.

Strength of positive effect.

Stage one: 4 months

Stage two: 4 months

“X is attracted to me.”

No affection

Some affection

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We’re now going to add a layer
on top of this basic structure.
These are group emotions.

- pride
- humiliation
- envy
- humour
- revenge
- criminal guilt
- compassion
- selfish guilt
- excitement
- boredom
Science doesn’t believe group emotions can exist.

- group emotions harm you and your genes to help your group
  - compassion causes fatal heroism
  - pride diverts time from family

- people with above average group emotions have fewer children
  - they die sooner because of their heroism
  - spend less time having/caring for children

- without an offset, group emotions would go extinct

an offset did evolve . . . .
Infatuation makes women prefer men who display group emotions.

- ambitious
  - pride
  - humiliation
  - envy

- funny
  - humour

- macho
  - revenge
  - criminal guilt

- caring
  - compassion
  - selfish guilt

- adventurous
  - excitement
  - boredom
The preference for group emotions was added to infatuation’s trigger.

“X is attracted to me.”

“X, a man who displays group emotions as much as I do, is attracted to me.”
Rank is used as a proxy for group emotions displayed.

“X is attracted to me.”

“X, a man who displays group emotions as much as I do, is attracted to me.”

“X, a man of equal or higher rank, is attracted to me.”
Rank dominates the group emotions.

- **Rank emotions**
  - pride
  - humiliation
  - envy
  - humour

- **Impulse emotions**
  - revenge
  - criminal guilt
  - compassion
  - selfish guilt

- **Minor emotions**
  - excitement
  - boredom
Two features help higher ranking men.
First, women can only become infatuated with men of equal or higher rank.

![Graph showing the distribution of women and men based on rank]

- Women are represented by a taller column, indicating they only become infatuated with men of equal or higher rank.
- Men are shown in a shorter column, with lower-ranking men eliminated from the competition.
- The graph illustrates the average woman’s rank, with lower-ranking men being eliminated from the competition.

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A supermodel will not feel infatuation when a construction workers whistles . . .
. . . but a teenager probably would feel infatuation when a construction worker whistles.
Second, higher ranking men trigger stronger infatuation.
Stronger infatuation means higher ranking men have a higher probability of courtship success.

Higher ranking men emerge from the pack as the winner more often.
And stronger infatuation means higher ranking men also spend less time on courtship.

higher rank man

average man

“X, a man of equal or higher rank, is attracted to me.”

They reach stage two sooner.
Celebrity romances are also good evidence.

- Taylor Swift can change boyfriends as soon as fireworks end for her
  - which happens after few months when she realizes the man not making her feel infatuation because they are lower rank than her
  - or it happens after a year when she has had a few months to realize that her infatuation has run its 8 months cycle

![Diagram of celebrity romances]

<table>
<thead>
<tr>
<th>Year</th>
<th>Celebrity</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008</td>
<td>Joe Jonas</td>
</tr>
<tr>
<td>2008</td>
<td>Lucas Till</td>
</tr>
<tr>
<td>2009</td>
<td>Taylor Lautner</td>
</tr>
<tr>
<td>2009</td>
<td>John Mayer</td>
</tr>
<tr>
<td>2009</td>
<td>Corey Monteith</td>
</tr>
<tr>
<td>2010</td>
<td>Jake Gyllenhaal</td>
</tr>
<tr>
<td>2010</td>
<td>Eddie Redmayne</td>
</tr>
<tr>
<td>2010</td>
<td>Zac Efron</td>
</tr>
<tr>
<td>2010</td>
<td>Conor Kennedy</td>
</tr>
<tr>
<td>2010</td>
<td>Harry Styles</td>
</tr>
<tr>
<td>2011</td>
<td>Calvin Harris</td>
</tr>
<tr>
<td>2011</td>
<td>Tom Hiddleston</td>
</tr>
<tr>
<td>2012</td>
<td>? Joe Alwyn</td>
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</tbody>
</table>
Women stop feeling infatuation after menopause.

- menopause is planned obsolescence
  - not just one part wearing out sooner than others

- fertility stops to focus mothers on the next generation
  - transferring learning to daughters helps more than having more daughters

- emotions involved in reproduction change accordingly
  - infatuation and maternal love stop
  - grandmaternal love starts

- evidence can be seen in clothing choices
  - purses matter more than underwear
The best way to find romance is to enter new social circles.

You can’t fall in love or become infatuated with anybody in your existing social circles.

Nobody can fall in love or become infatuated with you.

You can fall in love or become infatuated with everybody in your new social circles.

Everybody can fall in love or become infatuated with you.
The best time to make a marriage decision is after 4 years.

After 4 years, both genders just feel affection.
Gay relationships are the most stable and lesbian the least stable.

<table>
<thead>
<tr>
<th>Statement</th>
<th>Duration</th>
<th>Gay</th>
<th>Statement</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>“B is happy.”</td>
<td>42 months</td>
<td></td>
<td>“A is happy.”</td>
<td>42 months</td>
</tr>
<tr>
<td>“B is happy.”</td>
<td>42 months</td>
<td>Straight</td>
<td>“A, a man of equal or higher rank, is attracted to me.”</td>
<td>8 months</td>
</tr>
<tr>
<td>“B, a person of equal or higher rank, is attracted to me.”</td>
<td>8 months</td>
<td>Lesbian</td>
<td>“A, a person of equal or higher rank, is attracted to me.”</td>
<td>8 months</td>
</tr>
</tbody>
</table>
Next week’s topics are:

<table>
<thead>
<tr>
<th>Date</th>
<th>Topics</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sun Oct 22</td>
<td>Monogynic Love</td>
</tr>
<tr>
<td></td>
<td>Infatuation</td>
</tr>
<tr>
<td>Sun Oct 29</td>
<td>Jealousy, Heartbreak</td>
</tr>
<tr>
<td></td>
<td>Sexual Sensations</td>
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<tr>
<td>Sun Nov 05</td>
<td>Parental Love, Cute, Grief</td>
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<tr>
<td></td>
<td>Affection, Loneliness, Crying</td>
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<tr>
<td>Sun Nov 12</td>
<td>Pride, Humiliation</td>
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<td>Humour, Laughter, Envy</td>
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<tr>
<td>Sun Nov 19</td>
<td>Revenge, Anger, Criminal Guilt</td>
</tr>
<tr>
<td></td>
<td>Compassion, Selfish Guilt</td>
</tr>
<tr>
<td>Sun Nov 26</td>
<td>Minor Sensations, Startle, Fear</td>
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<tr>
<td></td>
<td>Analyzing Happiness I</td>
</tr>
<tr>
<td>Sun Dec 03</td>
<td>Analyzing Happiness II</td>
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<tr>
<td></td>
<td>Analyzing Happiness III</td>
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